



# 1. INTRODUCTION

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Climbing Mount Kilimanjaro is an unforgettable adventure that takes you through multiple climate zones, from tropical rainforest to arctic summit conditions. Proper preparation and packing are essential for your comfort, safety, and summit success.

This packing list outlines all the essential gear and clothing recommended for your Kilimanjaro trek.

## 2. CLOTHING LAYERS

### Base Layers

1. ✓ Moisture-wicking long-sleeve shirts



2, ✓ Thermal tops



3, ✓ Thermal leggings



# 2.1. CLOTHING LAYERS

## Mid Layers

- 1. ✓ Fleece jacket



- 1. ✓ Lightweight insulated jacket



## Outer Layers

- 1. ✓ Waterproof jacket



- 2. ✓ Waterproof trousers



## 2.2. CLOTHING LAYERS

### Trekking Clothes

1. ✓ Hiking shirts



2. ✓ Hiking pants



## 3. FOOTWEAR

1. ✓ Waterproof hiking boots



2. ✓ Camp shoes or sandals



3. ✓ Wool hiking socks (4–5 pairs)



4. ✓ Lightweight liner socks



## 4. HEAD & HAND PROTECTION

### Headwear

1. ✓ Sun hat



2. ✓ Warm beanie



3. ✓ Neck gaiter or buff



4. ✓ Balaclava (optional)



## 4.1. HEAD & HAND PROTECTION

### Gloves

1. ✓ Lightweight gloves



2. ✓ Insulated gloves



2. ✓ Insulated gloves



2. ✓ Insulated gloves

## 5. SLEEPING GEAR

### Sleeping Equipment

1. ✓ Four-season sleeping bag



2. ✓ Sleeping bag liner



3. ✓ Travel pillow



4. ✓ Sleeping bag liner



## 6. TREKKING EQUIPMENT

### Trekking Gear

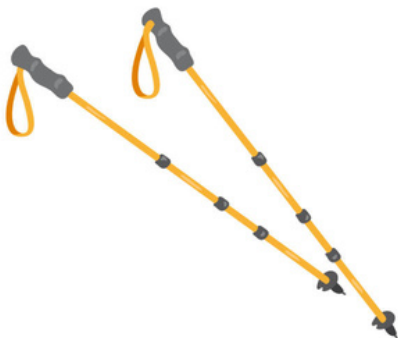
1. ✓ Daypack (20–35L)



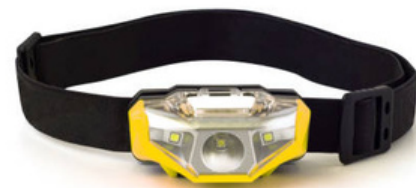
12. ✓ Duffel bag



3. ✓ Trekking poles



4. ✓ Headlamp



## 6.1 TREKKING EQUIPMENT

### Trekking Gear

5. ✓ Spare batteries



6. ✓ Water bottles



7. ✓ Hydration bladder



8. ✓ Sunglasses with UV protection



## 7. HEALTH & TOILETRIES

### Personal Care Items

1. ✓ Sunscreen SPF 30+



2. ✓ Lip balm with SPF



3. ✓ Toothbrush and toothpaste



4. ✓ Wet wipes



## 7.1 HEALTH & TOILETRIES

### Personal Care Items

5. ✓ Hand sanitizer



7. ✓ Small first aid kit



6. ✓ Personal medications

## 8. ELECTRONICS & DOCUMENTS

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### Electronics

1. ✓ Smartphone
2. ✓ Camera
3. ✓ Power bank
4. ✓ Charging cables
5. ✓ Universal travel adapter

### Important Documents

1. ✓ Passport
2. ✓ Travel insurance
3. ✓ Flight tickets
4. ✓ Emergency contacts

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## 9. FINAL PACKING CHECKLIST

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1. Clothing Layers
2. Hiking Boots
3. Warm Hat
4. Gloves
5. Sleeping Bag
6. Trekking Poles
7. Headlamp
8. Water Bottles
9. Toiletries
10. Personal Medication
11. Electronics
12. Travel Documents



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## 10. FINAL PACKING CHECKLIST

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# Ready for Your Kilimanjaro Adventure!

"The journey to the Roof of Africa begins with proper preparation."

Prepared by Kili2sere Adventure

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